

FOREST HILL METHODIST CHURCH & CENTRE

SCHEDULE OF REGULAR WEEKLY ACTIVITIES

Monday	CHURCH OFFICE CLOSED Childminders & Nannies Network Group (LH) 9.30-11.30am (TT) 'Vocal Chords' choir (LH) 7-9pm (TT)
Tuesday	CHURCH OFFICE OPEN Tuesday Fellowship (RR) 9.30am-1.30pm 2 for 2.30-3.30pm Rainbows (UH) 5pm (TT) Brownies (UH) 5.30pm (TT) Guides (LH) 7-9pm (TT)
Wednesday	CHURCH OFFICE OPEN Minister in the office Chapel open for quiet reflection 10am-1pm Narcotics Anonymous (UH) 7-9pm
Thursday	CHURCH OFFICE OPEN Bible Study, 4th Thursday in the month (GL) 9.30am-1.30pm 2 for 2.30pm Martial Arts (LH) 7-9pm
Friday	CHURCH OFFICE OPEN Baby & Toddler Group (LH) 9.30am-1.30pm Piano lessons (Chapel) 9.30-11.30am (TT) 3.00-7.00pm (TT) Rangers (LH) 8.00-9.30pm (TT)
Saturday	Pilates 9-11.30am (LH) J's Dance Factory (UH) 9.30am-3.30pm (TT) Tennis Club on the courts 2-5pm 'Trade Wind' Choir (RR) 2.30-5.30pm (fortnightly)
Sunday	Service (Chapel) 11am Junior Church (UH) 11.30am Young People (GL) 11.30am Chapel of Light Church (Chapel or UH) 2.30-4pm

GL - GROOM LOUNGE

LH - LOWER HALL

GR - GREEN ROOM

TT - TERM TIME

RR - READING ROOM

UH - UPPER HALL